

Appendix E: Steps to Miles Conversion Chart

Steps to Miles Conversion Chart

The following chart is approximate but should fulfill the requirements for the lessons.

<u>Steps</u>	=	<u>Miles</u>
600	=	1/4 Mile
1,200	=	1/2 Mile
1,800	=	3/4 Mile
2,400	=	1 Mile
3,000	=	1 1/4 Miles
3,600	=	1 1/2 Miles
4,200	=	1 3/4 Miles
4,800	=	2 Miles
5,400	=	2 1/4 Miles
6,000	=	2 1/2 Miles
6,600	=	2 3/4 Miles
7,200	=	3 Miles